

# Self-Study Descriptions

(Each DVD/ video is **2 hours** of DCFS contact hours)

## **1. The Business of Family Child Care (DVD)**

**CDA 5**

This self-study focuses on how to be a successful business owner of a Family Child Care Program. This self-study includes information on starting a business, recordkeeping, income and expenses, and marketing. This self-study is useful for both a new person entering the field and one who wants to improve their business practices.

## **2. Looking at the Basics of Developmentally Appropriate Practice (DVD)**

**CDA 2**

This self-study focuses on the importance of executing Developmentally Appropriate Practice with the children in your care. It defines what is meant by the term and what implications it has on children's development.

## **3. Child Safety at Home (DVD)**

**CDA 1**

This self-study focuses on some basic steps that a child care provider can take to prevent injuries to small children in the home setting. Child safety at home provides safety tips and first aid education in basic language and easy-to-follow video demonstrations.

## **4. Child's Play (DVD)**

**CDA 1**

This self-study focuses on the importance of play in the Early Childhood environment. Learn why play is so important and how it literally "turns kids into adults." Play is the engine that drives child development. Understanding play is key to any unit in child development or parenting education. Explore styles of play, the role of adults, the value of toys. Learn about practice play, parallel and co-operative play, sensory play, creative and symbolic play.

## **5. Room Arrangement (DVD)**

**CDA 2**

This self-study is based on a video from Teaching Strategies that presents concrete ideas for arranging preschool classrooms to encourage learning. A well-ordered classroom promotes learning, helps build a classroom community, and frees teachers to observe and interact with children in positive ways.

## **6. Anger Management (DVD)**

**CDA 3**

This self-study is based on a training provided by a Mental Health Consultant in which she discusses ways to deal with both anger management in children as well as anger management in adults.

## **7. Time With Toddlers (DVD)**

**CDA 8**

This self-study brings to life the joys along with the dilemmas of caring for toddlers. The self-study address the value of providing opportunities and activities that allow toddlers to explore their world while learning keys to intervention and allowing toddlers to solve problems calmly.

**8. Guidance/Discipline Series (DVD)****CDA 3**

This self-study is a 4 part series on Social-Emotional Development in children with each module counting for 2 hours of in-service credit

**The 4 modules are:**

- Learning Environment (CDA 3)
- Curriculum (CDA 3)
- Teacher/Child Interaction (CDA 3)
- Coping With Challenging Behavior (CDA 3)

**9. Positive Discipline (without shaking, shouting, or spanking)****(DVD)****CDA 3**

This self-study has a separate **DVD** for each age-group listed below. Each video is 2 hours of in-service credit.

**The 3 age groups are:**

- Babies
- Toddlers
- Preschoolers

**10. Infant Series (DVD)****CDA 2,3**

This self-study is a 3 part series focusing on preschool age children Birth-18 months of age. Each module counts for 2 hours of in-service credit.

**The 3 modules are:**

- Infant – Cognitive Development (CDA 2)
- Infant – Physical Development (CDA 2)
- Infant – Social emotional Development (CDA 3)

**11. Toddler Series (DVD)****CDA 2,3**

This self-study is a 3 part series focusing on preschool age children 18 months - 3 years of age. Each module counts for 2 hours of in-service credit.

**The 3 modules are:**

- Toddlers – Cognitive Development (CDA 2)
- Toddlers – Physical Development (CDA 2)
- Toddlers – Social emotional Development (CDA 3)

**12. Preschooler Series (DVD)****CDA 2,3, 8**

This self-study is a 4 part series focusing on preschool age children 3-5 years of age. Each module counts for 2 hours of in-service credit.

**The 4 modules are:**

- Preschoolers (CDA 8)
- Preschoolers – Cognitive Development (CDA 2)
- Preschoolers – Physical Development (CDA 2)
- Preschoolers – Social emotional Development (CDA 3)

**13. School-Age Series (DVD)****CDA 2,3**

This self-study is a 3 part series focusing on preschool age children 6-12 years of age. Each module counts for 2 hours of in-service credit.

**The 3 modules are:**

- Middle Childhood – Cognitive and Language Development (CDA 2)
- Middle Childhood – Physical Development (CDA 2)
- Middle Childhood – Social Emotional Development (CDA 3)

## **14. Work Sampling (DVD)**

**CDA 7**

This self-study is a 3 part series on observation and assessment using the Work Sampling System. It is an Apples Video Magazine/STARnet creation. Each module counts for 2 hours of in-service credit.

**The 3 modules are:**

- Developmental Guidelines and Checklist
- Focus on the Portfolio
- Focus on the Summary Report & Conferencing With Families