

# The **TRAINING** Connection

A Service of



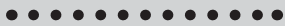
SPRING 2010

## **WEST CENTRAL CHILD CARE CONNECTION**

WCU BUILDING - ROOM 610  
510 Maine Street  
Quincy, Illinois 62301  
217-222-2550  
1-800-782-7318  
Fax: 217-222-3133  
E-mail: cccinfo@wccc.com  
Website: www.wccc.com  
IDHS Child Care Assistance  
217-222-2592  
1-800-317-4740

### **OFFICE HOURS**

Monday through Friday  
8:30 a.m. to 4:30 p.m.



#### *Director*

Karen Points

#### *Staff*

Liz O'Donnell  
Robin Ayers  
Marla Willard  
Deanna Middendorf  
Sheila Smith  
Barb Schaller

#### *Child Care Assistance Program*

Erica  
Holly  
Monica  
Jodi

#### *Training Coordinator*

Sharon Warning

#### *Child Care Nurse Consultant*

Lacey Petersen

#### *Mental Health Consultant*

Beth Stephens MS Ed, LCPC

Greetings:

I hope you enjoyed your holidays. I have some good news to share. We are excited to announce that we will be having three Provider Appreciation Dinners in May. Don't forget to register for your night of fun!

We are also excited to announce that the Illinois Department of Human Services has reinstated the grants for day care providers for this year! We will be holding Bidders Conferences in late January. See page 3 for dates, locations and times. Grant deadline is March 1. One change for this year is that first time applicants are mandated to attend one of the Bidders Conferences before they are eligible to apply. Others whom have applied in past years are not mandated to attend, but will be awarded the 10 bonus points on their grant for attending, as has been in the past.

Hope to see you at the next training,

*Sharon Warning*

Sharon Warning  
Training Coordinator

Each workshop or training in this calendar will list the DCFS contact hours available and CDA Topic Areas. These trainings may apply to other credentials as well. Most of our trainings are open to parents, providers, and members of the community.

ADAMS • BROWN • CALHOUN • CASS • GREENE • HANCOCK • JERSEY • PIKE • SCHUYLER

# *Workshop Participation Policies*

**Pre-registration:** Pre-registration is required for all workshops. You may pre-register by mail or by phone (ask for Sharon). In order to prepare training materials and space limitations, we cannot accommodate walk-ins. If you are not pre-registered, we cannot notify you if a training is cancelled or a location is changed.

**Deadlines:** Be sure to note registration deadlines as some trainings must be pre-approved 2 weeks prior to the workshop with a set number of participants and to allow materials to be ordered in time.

**Fee:** Some trainings are offered for free. Those that are assigned a cost; should be paid in advance of the training to secure your registration, unless otherwise noted.

**Refunds:** Please notify us if you are unable to attend. If there is a waiting list, this will allow someone else to take your spot and will help us avoid waste by preparing only the materials needed. Refunds or a credit will be given to individuals who call and cancel their registration 24 hours prior to the training. Pre-registration fees may be non-refundable for no-show registrants. Registrants are not to be charged or billed fees for non-attendance after training has occurred. No show registrants are not to be denied access to future training as long as they follow other training policies and procedures.

**Cancellation:** We reserve the right to cancel a training due to low enrollment, weather, emergencies or trainer illness. When possible trainings will be rescheduled or refunds/credit provided.

**Late Arrivals:** A fifteen (15) minute Grace Period will be given at all training sessions. This grace period begins at the advertised start time. Participants will not be allowed in the training after the 15-minute grace period.

**Certificate of Attendance:** At the conclusion of each training participants will receive a certificate indicating the title of the training, the number of DCFS clock hours earned, and the CDA Content Area. Trainings may meet the requirements of other credentials as well. To receive a training certificate, participants must stay until the trainer is finished. Replacement certificates must be issued at the request of an individual participant. Certificates are only to be released to the individual who participated at the training. DTP transcripts may be issued at the request of an individual participant. To ensure confidentiality, transcripts are to be released to the individual.

# January



Attend one of the **Bidder's Conferences** listed below to find out more about the Quality Counts Grant Program and how you can access grant money!

One change for this year is that first time applicants are mandated to attend one of the Bidders Conferences before they are eligible to apply. Others whom have applied in past years are not mandated to attend, but will be awarded the 10 bonus points on their grant for attending, as has been in the past.

**Monday, January 25**  
6:30 PM - 9:00 PM  
Carthage Senior Center  
301 Main Street  
Carthage

**Wednesday, January 27**  
6:30 PM - 9:00 PM  
Greene County U of I Extension  
Hwy 67 North  
Carrollton

**Saturday, January 30**  
9:00AM - 11:30AM  
John Wood Community College  
1301 South 48th St Room D024  
Quincy

Please call Robin at 800-782-7318 or 217-222-2550 or email her at [robin@WCCCC.com](mailto:robin@WCCCC.com) to register. You do **not** receive any DCFS contact hours for this meeting.

# February

## What, How, and Why

Come join in networking with other providers, just like yourself, to discuss the what, how, and why involved in writing a successful grant. We will have the opportunity to talk about what has been written for and received or not received and whether it proved useful or not. This training is unique in that we are offering it in the daycare home environment.

If you have never written a grant before or have but would like some new ideas, come and hear how easy it is to get equipment for your home!

**PRESENTER:** Sheila Smith  
WCCCC

**TIME:** 6:30 PM - 8:30 PM (Feb 1 and 3) 6:00PM - 8:00PM (Feb 2)

**COST:** FREE

**DCFS CREDIT HOURS:** 2

**CDA AREA:** #5

### Monday, February 1

Bev Markey's Home  
405 N Lincoln  
Carthage

### Tuesday, February 2

Mandy Mellon's Home  
415 Grand Ave  
Barry

### Wednesday, February 3

Drenda Curtis' Home  
2304 St Charles Dr.  
Quincy

For more information or to register **call Sheila** at WCCCC at 800-782-7318 or (217) 222-2550.

# February

## Love and Logic

### 6 night series

Tuesday, February 2  
Tuesday, February 9  
Tuesday, February 16  
Tuesday, February 23  
Tuesday, March 2  
Tuesday, March 9

Love and Logic is a class designed to gain practical and proven “Love and Logic” techniques for working with kids of all ages. It’s simple, fun and works! For parents, childcare workers, grandparents, teachers...anyone caring for children.

**PRESENTER:** Vicki Davis & Kathy Schwartz  
Early Childhood Educators, Early Childhood and Family Center

**LOCATION:** John Wood Community College  
Paul Heath Community Education Center, Lower Level, Room D022  
1301 South 48th Street  
Quincy

**TIME:** 6:00 PM - 8:00 PM

**COST:** \$20.00 (\$40.00 for those who need CEU’s) **Eligible for PD/PI Reimbursement!!!!**

**DCFS CREDIT HOURS:** 12

**CEUS Available**

**CDA AREA:** #3

To Register please call **John Wood Community College** at 641-4905 (Nici)  
or 641-4940 (Monica).

Co-sponsored by West Central Child Care Connection & John Wood Community College.

# February

**Wednesday, February 17**

## **Brain Development**

**Program for Infant/Toddler Care  
Session 1 of Module 3**

This session presents information about the basic physiology of the brain followed by key findings from recent brain development research. Emphasis is placed on those findings that are most relevant to the care of infants in groups. These include: the effect of stress on early brain development; the importance of appropriate stimulation; the role of nurturing, responsive care in optimal development; and the potential long-term consequences to the child of inappropriate, neglectful, or unresponsive care.

**PRESENTER:** Sheila Smith  
Infant Toddler Specialist

**LOCATION:** West Central Child Care Connection  
Training Room 4th Floor  
510 Maine  
Quincy

**TIME:** 6:30 PM - 8:30 PM

**COST:** FREE

**DCFS CREDIT HOURS:** 2

**CDA AREA:** #3,8

For more information or to register call WCCCC at 1-800-782-7318 or 217-222-2550.

**Thursday, February 18**

## **Fun Foods**

Providing healthy meals and snacks for children can be a challenge. Learn creative ways to prepare nutritious food that kids will eat.

**PRESENTER:** Shirley Camp  
Nutrition & Wellness Educator  
University of Illinois Extension

**LOCATION:** Pike County Extension Office  
Pike County Farm Bureau  
1301 E Washington  
Pittsfield

**TIME:** 6:30 PM - 8:30 PM

**COST:** \$5.00

**DCFS CREDIT HOURS:** 2

**CDA AREA:** #1

Co-sponsored by WCCCC & the Pike County University of Illinois Extension Office.

For more information or to register please call the Pike County Extension Office at 217-285-5543.

Registration Deadline 2-15-10.

# March

**Wednesday, March 3**

## **Discoveries of Infancy**

**Program for Infant/Toddler Care  
Session 2 of Module 3**

This workshop discusses each of the six 'discoveries' identified by Jean Piaget, illustrated by scenes of infants and caregivers. Video segments are interspersed with lecture, discussion, and active learning experiences to deepen participants' understanding of the material. Concepts presented include: The six discoveries: learning schemes, cause and effect, use of tools, object permanence, how objects fill space, imitation, how the infant relates to early learning (integrated and holistic) and the principles of facilitating early learning.

**PRESENTER:** Sheila Smith  
Infant/Toddler Specialist

**LOCATION:**  
West Central Child Care Connection  
4th Floor Training Room  
510 Maine  
Quincy

**TIME:** 6:30PM - 8:30PM

**COST:** FREE

**DCFS CREDIT HOURS:** 2

**CDA AREA:** #8

For more information or to register call WCCCC at 800-782-7318 or (217) 222-2550.

## **Shocking Revelations & Calorie Catastrophes**

Did you know the average kid's meal at Outback Steakhouse has 93 grams of fat or that the healthy-sounding turkey minis & fries kids' meal at Ruby Tuesday's has 893 calories & 47 grams of fat? Can you guess the 20 worst kid's foods? Using the Eat This, Not That for Kids book by Kathleen M. Zelman, MPH, RD, LD brings to light some of the shocking revelations & calorie catastrophes lurking in everyday favorite kid foods. This training includes kid-friendly recipes made healthier, including mac & cheese, pepperoni pizza, nachos, fettuccine Alfredo & chicken strips, as well as eight simple rules for healthy eating.

**PRESENTER:** Lacey Petersen, RN, BSN  
Child Care Nurse Consultant

**TIME:** 6:30 PM - 8:30 PM

**COST:** FREE

**DCFS CREDIT HOURS:** 2

**CDA AREA:** #1

**Thursday, March 4**

Sonshine Kids  
1200 Liberty St  
Jerseyville

**Tuesday, March 9**

West Central Child Care Connection  
4th Floor Training Room  
510 Maine  
Quincy

**Thursday, March 18**

Kids N Care  
860 West Wilson  
Rushville

For more information or to register call WCCCC at 800-782-7318 or (217) 222-2550.

# March

## Caregivers and Children and Play, OH MY !!

Children, ages 0-5, spend a great deal of time playing. This training will focus on the importance of play and imagination. You will learn about the connection between play and brain development and how play supports social and emotional development. Discover the caregiver's role in play and how play enhances the child-caregiver relationship.

**PRESENTER:** Beth Stephens, MS Ed, LCPC  
Mental Health Consultant

**TIME:** 6:30 PM - 8:30 PM

**COST:** \$3.00

**DCFS CREDIT HOURS:** 2

**CDA AREA:** #3

**Thursday, March 4**

Kids N Care  
860 West Wilson  
Rushville

**Tuesday, March 16**

Sonshine Kids  
1200 Liberty St  
Jerseyville

**Thursday, March 11**

Location TBA  
Carthage

**Tuesday, March 23**

West Central Child Care Connection  
4th Floor Training Room  
510 Maine  
Quincy

For more information or to register call WCCCC at 800-782-7318 or (217) 222-2550.

# March

**Wednesday, March 17**

## **Language Development**

**Program for Infant/Toddler Care  
Session 3 of Module 3**

In this workshop, participants acquire knowledge and training to enhance the development of language and communication skills in very young children. Infants are born with the innate capacity to learn language and come to infant care with both that innate capacity and the indispensable social context of family and culture through which they learn to communicate both verbally and non-verbally. The typical progression of development and ways caregivers can interact to enhance natural development are addressed. Concepts discussed include: warning signs, nonverbal components of language, and environmental factors that have an impact on language development.

**PRESENTER:** Sheila Smith  
Infant/Toddler Specialist

**LOCATION:** West Central Child Care Connection  
4th Floor Training Room  
510 Maine  
Quincy

**TIME:** 6:30 PM - 8:30 PM

**COST:** FREE

**DCFS CREDIT HOURS:** 2

**CDA AREA:** #2

For more information or to register call WCCCC at 800-782-7318 or (217) 222-2550.

**Wednesday, March 31**

## **Special Needs**

**Program for Infant/Toddler Care  
Session 4 of Module 3**

This session provides you with information and techniques you can use to help be more comfortable, knowledgeable, and open to working with children with special needs. Participants examine their own attitudes toward inclusion and disabilities through engaging reflective activities. Participants will learn how to adapt toys and materials so that children with disabilities can use them and participate in a group activity of simulating exclusion to experience either being excluded or excluding others.

**PRESENTER:** Sheila Smith  
Infant/Toddler Specialist

**LOCATION:** West Central Child Care Connection  
4th Floor Training Room  
510 Maine  
Quincy

**TIME:** 6:30 PM - 8:30 PM

**COST:** FREE

**DCFS CREDIT HOURS:** 2

**CDA AREA:** #4,7

For more information or to register call WCCCC at 800-782-7318 or (217) 222-2550.

# April

## Child Care Provider Café

You are invited to a Child Care Provider Café! Join us for a laid back evening of relaxation, sharing of ideas, great conversation, and light food. A café is simply a way of hosting conversations that matter! At the café you will have the opportunity to network amongst other early childhood providers with questions or issues that are most important in your life, your work with children, and your community! The café focus is a part of the Strengthening Families Illinois initiative to help prevent child abuse and neglect while helping to support and strengthen families with young children.

**PRESENTERS:** Lacey Petersen, RN, BSN and Beth Stephens, MS Ed., LCPC  
Child Care Nurse Consultant and Mental Health Consultant

**TIME:** 6:30 PM – 8:30 PM

**COST:** FREE

**DCFS CREDIT HOURS:** 2

**CDA AREA:** #4

**Tuesday, April 6**  
Brown County Public Library  
143 West Main St. (Highway 24)  
Mt Sterling

**Thursday, April 15**  
Location TBA  
Carthage

**Thursday, April 29**  
Adams County Health Department  
330 Vermont Street (**new location**)  
Quincy

For more information or to register call WCCCC at 800-782-7318 or (217)222-2550.

# April

**Tuesday, April 6**

## **Finding Your Get Up and Go**

There are times when it just seems hard to 'get going.' Ideas to get motivated and take action from optimism and attitude to social involvement and a positive outlook will be shared.

**PRESENTER:** Amy Griswold  
Family Life Educator  
University of Illinois Extension

**LOCATION:** Pike County Extension Office  
Pike County Farm Bureau  
1301 E Washington  
Pittsfield

**TIME:** 6:30 PM - 8:30 PM

**COST:** \$5.00

**DCFS CREDIT HOURS:** 2

**CDA AREA:** #1

Co-sponsored by WCCCC & the Pike County University of Illinois Extension Office.

For more information or to register please call the Pike County Extension Office at 217-285-5543.

**Thursday, April 8**

## **What is CCAP? A Guide to the Child Care Assistance Program**

Join this informative session to become more familiar with the Illinois Child Care Assistance Program's (CCAP) policy and procedures, including the application process, provider qualifications, payment process and parent co-payments. The CCAP is funded by the IL Department of Human Services.

**PRESENTER:** Erica  
CCAP Coordinator, WCCCC

**LOCATION:** West Central Child Care Connection  
4th Floor Training Room  
510 Maine  
Quincy

**TIME:** 6:30 PM - 8:30 PM

**COST:** Free

**DCFS CREDIT HOURS:** 2

**CDA AREA:** #5

For more information or to register call WCCCC at 800-782-7318 or (217) 222-2550.

# April

**Tuesday, April 13**

## **Quality Rating System (QRS) Orientation**

Quality matters in child care. Learn about the statewide Quality Rating System (QRS) that recognizes family child care and center based providers for quality with QRS award certification. Providers serving children on the state Child Care Assistance Program (CCAP) can also receive a bonus to the standard payment rate. The Orientation covers eligibility requirements, application process, and supports and resources available. A provider must attend this session prior to applying to QRS.

**PRESENTER:** Sharon Warning  
WCCCC

**LOCATION:** West Central Child Care Connection  
4th Floor Training Room  
510 Maine  
Quincy

**TIME:** 6:30 PM - 8:30 PM

**COST:** FREE

**DCFS CREDIT HOURS:** 2

**CDA AREA:** #5

For more information or to register call WCCCC at 800-782-7318 or (217) 222-2550.

**Wednesday, April 14**

## **Harmonizing Cultural Diversity for Sensitive Infant Care**

**Program for Infant/Toddler Care  
Session 1 of Module 4**

Through video, personal reflection, large and small group discussions, participants are encouraged to become aware of their cultural expectations and biases and begin to see social realities through the eyes and experiences of others. This expanded way of seeing provides the caregiver with a basis for increased cultural awareness and sensitivity to families in infant/toddler care. The session includes the changing reality of culture, developing cultural responsiveness, and developing skills in authentic dialogue.

**PRESENTER:** Sheila Smith  
Infant/Toddler Specialist

**LOCATION:** West Central Child Care Connection  
4th Floor Training Room  
510 Maine  
Quincy

**TIME:** 6:30 PM - 8:30 PM

**COST:** FREE

**DCFS CREDIT HOURS:** 2

**CDA AREA:** #3,5

For more information or to register call WCCCC at 800-782-7318 or (217) 222-2550.

# April

**Tuesday, April 20**

## **Building Character & Self Esteem**

Everyone wants the best for the children in their care, but building character and self-esteem can be challenging. Explore teachable moments that focus on building positive traits and a positive self-esteem.

**PRESENTER:** Amy Griswold  
Family Life Educator  
University of Illinois Extension

**LOCATION:** Pike County Extension Office  
Pike County Farm Bureau  
1301 E Washington  
Pittsfield

**TIME:** 6:30 PM - 8:30 PM

**COST:** \$5.00

**DCFS CREDIT HOURS:** 2

**CDA AREA:** #1

Co-sponsored by WCCCC & the Pike County University of Illinois Extension Office.

For more information or to register please call the Pike County Extension Office at 217-285-5543.

**Tuesday, April 20**

## **Gateways To Opportunity**

INCCRRA Professional Development Opportunity: Come and learn about Gateways to Opportunity and all the Professional Development Opportunities available to you! You will learn about INCCRRA and all the administered programs; such as the Great START wage supplement, the new Gateways Scholarship Program that replaced TEACH, Professional Development Advisors and more. Come with any questions you may have and be prepared to learn about some new exciting opportunities available!

**PRESENTER:** Mark Obuchowski  
INCCRRA

**LOCATION:** West Central Child Care Connection  
4th Floor Training Room  
510 Maine Street  
Quincy

**TIME:** 6:30 PM – 8:30 PM

**COST:** FREE

**DCFS CREDIT HOURS:** 2

**CDA AREA:** #6

For more information or to register call WCCCC at 800-782-7318 or (217) 222-2550.

# April

**Thursday, April 22**

## **What is CCAP? A Guide to the Child Care Assistance Program**

Join this informative session to become more familiar with the Illinois Child Care Assistance Program's (CCAP) policy and procedures, including the application process, provider qualifications, payment process and parent co-payments. The CCAP is funded by the IL Department of Human Services.

**PRESENTER:** Erica  
CCAP Coordinator, WCCCC

**LOCATION:** Brown County Public Library  
143 West Main St. (Hwy 24)  
Mt Sterling

**TIME:** 6:30 PM - 8:30 PM

**COST:** Free

**DCFS CREDIT HOURS:** 2

**CDA AREA:** #5

For more information or to register call WCCCC at 800-782-7318 or (217) 222-2550.

**Wednesday, April 28**

## **Responding to Families in Culturally Sensitive Ways**

**Program for Infant/Toddler Care  
Session 2 of Module 4**

This is an interactive workshop that helps participants become more aware of their own cultural assumptions and how these assumptions may affect their interactions with families from cultures different from their own. Activities are provided to assist participants in experiencing the depth of their own cultural roots. This session builds on the second five keys of the video, Essential Connections, in supporting culturally responsive relationships with families. The session's content includes a discussion of the following: seeking out cultural and family information, clarifying your own and the family's values and negotiating cultural conflicts.

**PRESENTER:** Sheila Smith  
Infant/Toddler Specialist

**LOCATION:** West Central Child Care Connection  
4th Floor Training Room  
510 Maine  
Quincy

**TIME:** 6:30 PM - 8:30 PM

**COST:** FREE

**DCFS CREDIT HOURS:** 2

**CDA AREA:** #4

For more information or to register call WCCCC at 800-782-7318 or (217) 222-2550.

# May

## **Create Success with Mixed-Age Groups in Family Child Care**

Parents select Family Child Care for the special benefits these settings offer. Some benefits include, but are not limited to, the location, siblings staying together, fewer children in the setting, and having one caregiver. However, these benefits do not prevent Family Child Care providers from the challenge of doing activities with children of varying ages. In this training providers will increase their knowledge of caring for mixed-age groups and learn how to do activities with children of different age levels in such a way each child benefits cognitively, socially and emotionally.

**\*\* IMPORTANT NOTE:** This training is also valuable to daycare providers who, at some time during the day, are responsible for children of different age levels.

**PRESENTER:** Beth Stephens, MS Ed, LCPC  
Mental Health Consultant

**TIME:** 6:30 PM - 8:30 PM

**COST:** FREE

**DCFS CREDIT HOURS:** 2

**CDA AREA:** #3

### **Tuesday, May 4**

West Central Child Care Connection  
4th Floor Training Room  
510 Maine  
Quincy

### **Tuesday, May 11**

Location TBA  
Carthage

### **Tuesday, May 18**

Super 8 Motel  
1303 State Hwy 109  
Jerseyville

### **Tuesday, May 25**

John Wood Community College  
1301 E Washington Street  
Pittsfield

For more information or to register call WCCCC at 800-782-7318 or (217)222-2550.

# May

**Wednesday, May 5**

## **A Celebration of You Recognition Dinner**

Come join your fellow Child Care Providers and Early Childhood Professionals for a casual evening of fun, food, and recognition. Enjoy dinner, a motivational speaker and mingle with other individuals who share your area of expertise. This is your night to be appreciated for all you do for families and children.

**Along with dinner all attending will receive a gift of appreciation from us for all your hard work.**

**Open to those living in Calhoun, Green, and Jersey Counties.**

**PRESENTER:** Kathy Nicholson

**LOCATION:** Hickory Grove Restaurant  
1668 South State St  
Jerseyville

**TIME:** 6:30 PM - 8:30 PM

**COST:** \$5.00 deposit required

**DCFS CREDIT HOURS:** 1.5

**CDA AREA:** #6

For more information or to register call WCCCC at 800-782-7318 or (217) 222-2550.

**Saturday, May 8**

## **Illinois Early Learning Standards**

This workshop is an overview of the framework and program standards for children ages three to five developed by the Illinois State Board of Education. This training provides developmentally appropriate learning tools necessary to strategize ways in which to connect benchmarks and the classroom curriculum. Through discussion and small group activities, practioners will build on prior knowledge of observation and assessment in relationship to the early learning standards.

**PRESENTER:** Glenna Mount  
ITN Trainer

**TIME:** 9:00 AM - 3:30 PM

**COST:** \$10.00 (includes lunch)

**DCFS CREDIT HOURS:** 2

**CDA AREA:** #5,7

**LOCATION:** West Central Child Care Connection  
4th Floor Training Room  
510 Maine  
Quincy

For more information or to register call WCCCC at 800-782-7318 or (217) 222-2550.

Registration Deadline 4-23-10.

# May

**Wednesday, May 12**

## **A Celebration of You Recognition Dinner**

Come join your fellow Child Care Providers and Early Childhood Professionals for a casual evening of fun, food, and recognition. Enjoy dinner, a motivational speaker and mingle with other individuals who share your area of expertise. This is your night to be appreciated for all you do for families and children.

**Along with dinner all attending will receive a gift of appreciation from us for all your hard work.**

**Open to those living in Brown, Cass and Schuyler Counties.**

**PRESENTER:** Kathy Nicholson

**LOCATION:** Renee's Place  
220 East Main Street  
Mt Sterling

**TIME:** 6:30 PM - 8:30 PM

**COST:** \$5.00 deposit required

**DCFS CREDIT HOURS:** 1.5

**CDA AREA:** #6

For more information or to register call WCCCC at 800-782-7318 or (217) 222-2550.

**Wednesday, May 19**

## **A Celebration of You Recognition Dinner**

Come join your fellow Child Care Providers and Early Childhood Professionals for a casual evening of fun, food, and recognition. Enjoy dinner, a motivational speaker and mingle with other individuals who share your area of expertise. This is your night to be appreciated for all you do for families and children.

**Along with dinner all attending will receive a gift of appreciation from us for all your hard work.**

**Open to those living in Adams, Hancock and Pike Counties.**

**PRESENTER:** Kathy Nicholson

**LOCATION:** **Tony's Too** (Note location change)  
4821 Oak Street (inside Holiday Inn)  
Quincy

**TIME:** 6:30 PM - 8:30 PM

**COST:** \$5.00 deposit required

**DCFS CREDIT HOURS:** 1.5

**CDA AREA:** #6

For more information or to register call WCCCC at 800-782-7318 or (217) 222-2550.

# May

**Wednesday, May 12**

## **Working With the Feelings of Parents and Caregivers**

**Program for Infant/Toddler Care  
Session 3 of Module 4**

This workshop emphasizes the underlying emotional issues of infant care. Parents often feel heightened emotions when they bring their infants to a professional child care provider, because of inborn “protective urges.” Caregivers also feel protective and emotional about the care of infants. Heightened emotion on the part of both parties can make it more difficult to work together on behalf of the child. Video and workshop activities offer strategies that caregivers can use to ease parents’ anxieties about using care, as well as steps they can take to deal with their own feelings about working with parents.

**PRESENTER:** Sheila Smith  
Infant/Toddler Specialist

**LOCATION:** West Central Child Care Connection  
4th Floor Training Room  
510 Maine  
Quincy

**TIME:** 6:30PM - 8:30PM

**COST:** FREE

**DCFS CREDIT HOURS:** 2

**CDA AREA:** #5,4

For more information or to register call  
WCCCC at 800-782-7318 or (217) 222-2550.

**Thursday, May 13**

## **An Introduction to the Environment Rating Scales**

This training is for family child care and center based programs and provides an overview of the Environment Rating Scales (ERS). ERS are user-friendly assessment tools that measure the quality of the learning environment for infants through school-age. After completing this training, participants will be able to use the tool(s) for program self-assessment and improvement planning.

**PRESENTER:** ITN Trainer

**LOCATION:** West Central Child Care Connection  
4th Floor Training Room  
510 Maine  
Quincy

**TIME:** 5:30 PM - 9:30 PM

**COST:** \$15.00

**DCFS CREDIT HOURS:** 4

**CDA AREA:** #5,7

For more information or to register call  
WCCCC at 800-782-7318 or  
(217) 222-2550.

# May

**Saturday, May 22**

## Special Care

This Special Needs Curriculum was produced by the Illinois Network of Child Care Resource and Referral Offices and approved by DCFS.

This training counts toward the 6 hours of mandated DCFS special needs training that needs to be completed within the first 36 months of becoming licensed.

**Presenter:** Joleen Patton  
ITN Trainer

**Location:**  
Blessing Hospital Auditorium  
Main Circle Drive Entrance  
11th and Oak  
Quincy

**Time:** 10:00AM - 4:30PM

**Cost:** \$10.00 (Lunch Included)

**DCFS Credit Hours:** 6

**CDA Area:** 3,4,6,8

For more information or to register call  
WCCCC at 800-782-7318 or 217-222-2550.

Registration Deadline 5-11-10.

**Wednesday, May 26**

## Acknowledge, Ask, Adapt

Program for Infant/Toddler Care  
Session 4 of Module 4

In this scenario-based session, participants become aware of how they interact with families and learn culturally responsive ways of handling issues that may arise. Small groups analyze video and print scenarios from Essential Connections and Infant/Toddler Caregiving: A Guide to Culturally Responsive Care, as well as participate in role play based on real life situations. This session is aimed at: gaining awareness of one's own cultural beliefs, learning strategies for discovering another's cultural beliefs, learning problem-solving strategies for negotiating, and resolving cultural conflicts.

**PRESENTER:** Sheila Smith  
Infant/Toddler Specialist

**LOCATION:** West Central Child Care Connection  
4th Floor Training Room  
510 Maine  
Quincy

**TIME:** 6:30PM - 8:30PM

**COST:** FREE

**DCFS CREDIT HOURS:** 2

**CDA AREA:** #3,6

For more information or to register call  
WCCCC at 800-782-7318 or (217) 222-2550.

# June

**Tuesday, June 8**

## **Quality Rating System (QRS) Orientation**

Quality matters in child care. Learn about the statewide Quality Rating System (QRS) that recognizes family child care and center based providers for quality with QRS award certification. Providers serving children on the state Child Care Assistance Program (CCAP) can also receive a bonus to the standard payment rate. The Orientation covers eligibility requirements, application process, and supports and resources available. A provider must attend this session prior to applying to QRS.

**PRESENTER:** Sharon Warning  
WCCCC

**LOCATION:** Super 8 Motel  
1303 State Hwy 109  
Jerseyville

**TIME:** 6:30 PM - 8:30 PM

**COST:** FREE

**DCFS CREDIT HOURS:** 2

**CDA AREA:** #5

For more information or to register call WCCCC at 800-782-7318 or (217) 222-2550.

**No Child Left Inside**

Bounce! Dance! Jump! Wiggle! Play! We know that hours of sitting in front of the TV and playing video games is not beneficial to a child's health. This training will focus on getting children of all ages outside and active! We will discuss the health benefits of outdoor play, share ideas, activities and games, as well as "play" many of those activities and games during the training. A list of activities and games, outdoor and indoor (for those rainy days), will be provided to each training participant.

**PRESENTER:** Lacey Petersen, RN, BSN  
Child Care Nurse Consultant

**TIME:** 6:30 PM - 8:30 PM

**COST:** \$3.00

**DCFS CREDIT HOURS:** 2

**CDA AREA:** #1

**Thursday, June 10**

Location TBA  
Carthage

**Tuesday, June 15**

West Central Child Care Connection  
4th Floor Training Room  
510 Maine  
Quincy

For more information or to register call WCCCC at 800-782-7318 or (217) 222-2550.

# Self Studies

Self-studies are available for checkout. Each self-study contains a video and questions to complete. Upon the successful completion of the questions, you will earn one or two DCFS contact hours. You have one month to complete the self-study and submit it to be graded. There is a \$10.00 fee per person for each self-study.

## **Caring For Our Children**

1. Standards and you (CDA 5)
2. Basic Caregiving (CDA 1)
3. Ready for Anything (CDA 1)
4. Setting up for Healthy and Safe Care (CDA 1)
5. Keeping in Shape (CDA 1)
6. Illness in Child Care (CDA 1)

## **The Whole Child Series**

1. Handling Daily Routines (CDA 1)
2. Developing of the Physical Self (CDA 2)
3. Infants in Group Care (CDA 8)
4. Fostering Mental Health in Young Children (CDA 3)
5. Developing Self-Esteem in Young Children (CDA 3)
6. Working with Families and Tender Topics (CDA 4)
7. Working with Exceptional Children (CDA 2)
8. Developing Social Competence in Young Children (CDA 3)
9. Helping Young Children Establish Self-Discipline and Self Control (CDA 3)
10. Providing Cross-Cultural, Non-Sexist Education (CDA 3)
11. Enhancing Creativity and Play (CDA 2)
12. Fostering the Development of Language Skills and Emergent Literacy (CDA 2)

## **Individual Tapes (Not part of a series)**

- Children with Special Needs: An Introduction to Inclusion (CDA 3)
- School Age Self Study (CDA 2)
- Observing Young Children (CDA 7)
- Positive Discipline (CDA 3)
- Infant Brain Development (CDA 8)
- Sharing a Language (CDA 2)
- Exploring Math (CDA 2)
- Exploring Science (CDA 2)
- Extending Stories, Dramatic Play, Art, Music and More (CDA 2)
- Painting a Positive Picture (CDA 3)
- Anger Management (CDA 3)
- Room Arrangement (CDA 2)
- Time With Toddlers (CDA 8)
- The Business of Family Child Care (CDA 5)

## **Guidance and Discipline Series**

1. Learning Environment (CDA 3)
2. Curriculum (CDA 3)
3. Teacher/Child Interaction (CDA 3)
4. Coping With Challenging Behavior (CDA 3)

## **Positive Discipline-**

### **without shaking, shouting or spanking**

1. Babies (CDA 3)
2. Toddlers (CDA 3)
3. Preschoolers (CDA 3)

## **Work Sampling Series**

- Developmental Guidelines & Checklist (CDA 7)
- Focus on the Portfolio (CDA 7)
- Focus on the Summary Report & Conferencing With Families (CDA 7)

# Save the Dates!!

## Opening Minds - Chicago Metro AEYC

**January 28-30, 2010**

Hyatt Regency McCormick Place Chicago, IL  
For more information call (312) 427-5399  
or go to [www.chicagometroaeyc.org](http://www.chicagometroaeyc.org)

## School-Age Conference - Embracing the Future

**April 16 and 17, 2010**

Hilton Hotel Springfield, IL  
For more information call (866) 369-0236  
or go to [www.ianetwork.org](http://www.ianetwork.org)

### \$PDF\$

Professional Development Funds are available for you to attend a variety of conferences or early childhood college classes. These funds are *not based on income* and can be used toward any of the conferences on this page.

## Leadership Connections

**May 13-15, 2010**

Westin Chicago North Shore Chicago, IL  
For more information call (800) 443-5522 ext 5058  
or go to <http://cecl.nl.edu>

## Head To Toe:

### Midwest Interactive Infant/Toddler Conference

**May 22, 2010**

Merchandise Mart Chicago, IL  
For more information call (312) 427-5399  
or go to [www.chicagometroaeyc.org](http://www.chicagometroaeyc.org)

## DayCamp for Early Childhood Educators

**June 7, 2010**

Bob Mays Park Shelter Quincy, IL  
For more information call (800) 227-7537  
or go to [www.starnet.org](http://www.starnet.org)

RETURN SERVICE REQUESTED

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WCU Building, Room 610  
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Quincy, IL 62301



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